

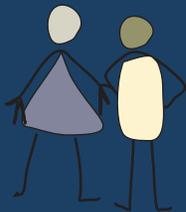


SELF-DIRECTED SERVICES

**MY LIFE
MY PLAN**



SERVICE PROVIDERS



MAKING A DIFFERENCE

California Department of Developmental Services

WHAT ARE SELF-DIRECTED SERVICES?

Self-Directed Services (SDS) is a voluntary program offered at all 21 Regional Centers. SDS enables participants to select, hire and manage their services and supports.



Participants

- ✓ Develop a Self-Directed Services Individual Program Plan (IPP) with their team.
- ✓ Select qualified providers to carry out the SDS IPP.
- ✓ Manage an Individual Budget to pay for services and supports.
- ✓ Direct services with help from a Supports Broker and Financial Management Services provider.

Individual Budget

A set amount of money provided by the Regional Center for the participant to use to purchase services and supports included in the SDS IPP.

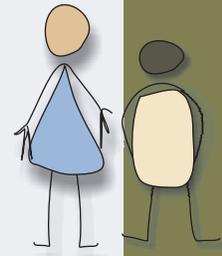
SUPPORTS BROKER



The Supports Broker assists the participant to:

- ✓ Conduct Person-Centered Planning.
- ✓ Identify the services and supports to carry out the SDS IPP.
- ✓ Find and direct services and supports.
- ✓ Make community connections.
- ✓ Develop and follow the Individual Budget.
- ✓ Work with your team to solve challenges and be successful.

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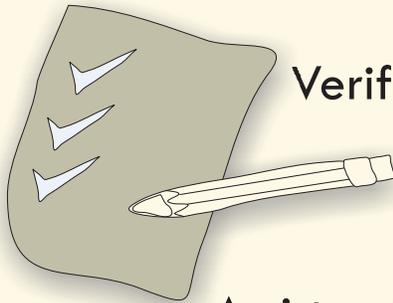


FINANCIAL MANAGEMENT SERVICES

A Financial Management Services provider is a service hired by the participant to help manage the Individual Budget and employer duties. The Financial Management Services provider:



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Verifies service provider qualifications.



Assists with criminal background checks.



Prepares a monthly Individual Budget report.

Deposit	\$3.00
Deposit \$1.50	\$4.50
Deposit \$1.00	\$5.50

MORE SELF-DIRECTED SERVICES



COMMUNITY LIVING SUPPORTS

Helps participants to be more independent and involved in the community.



HEALTH AND CLINICAL SERVICES

Helps participants to meet needs for physical and emotional wellness.



EMPLOYMENT SERVICES

Helps participants with job and career development, coaching and supports needed to be successful in their jobs.



TRAINING AND EDUCATION

Helps participants become empowered, participate in lifelong learning and engage in their communities.



ENVIRONMENTAL AND MEDICAL SUPPORTS

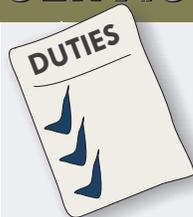
Helps participants meet medical equipment and supply needs to be more independent, safe and healthy.



TRANSPORTATION

Helps participants access and use transportation services.

SERVICE PROVIDER RESPONSIBILITIES



- ✓ Meet job qualifications and complete required training.
- ✓ Provide services and supports to implement the participant's SDS IPP.



Complete service provider agreement with the participant that specifies responsibilities and pay.

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At the participant's request, agree to a criminal background check.



Submit time sheets and other reports.



Recognize and report any abuse, neglect or exploitation.

QUESTIONS AND ANSWERS

Q Is every SDS service provider required to become a vendor of the regional center?

A No. Only the Financial Management Services provider.

Q Can a current Regional Center vendor become a SDS provider?

A Yes. Current vendors can provide SDS when:

- ▶ SDS qualifications are met.
- ▶ Individualized services and supports are provided.
- ▶ Services are provided in inclusive settings.
- ▶ Rates are individually negotiated with the participant.

Q How are SDS providers paid?

A They are paid by the FMS with funds from the participant's Individual Budget.

CODE OF ETHICS

“Selecting my own service providers gave me the freedom to choose the way I spend my budget for the services I need.”

Participant



Provide Person-Centered Services

Promote Physical & Emotional Well-Being

Practice with Integrity and Respect

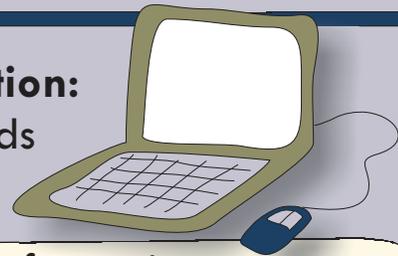
Maintain Confidentiality

Build Positive Community Relationships

Support Self-Advocacy

For more information:

www.dds.ca.gov/sds



Regional Center Information

