

# ICF/DD - NURSING MEDICATION TRAINING PLAN CHECKLIST

## INSTRUCTIONS

Correct administration of medication is one of the most important aspects contributing to the health and well being of your consumers. To facilitate the development of your medication training program for your direct care staff, the following suggestions are provided.

- Begin with course objectives. Throughout the document, follow the same format.
- Avoid overly technical wording and excessive abbreviations.
- Check for spelling, grammatical and typographical errors. Use a 12-point font throughout the document. Ensure that the name of your facility is on your medication training.
- Note that section numbers are referenced on the checklist. Also referenced in each section are additional regulations from Title 22 and the Code of Federal Regulations which will assist in development of your training program.
- Use the checklist below during the development of your medication training to ensure all areas are covered by inserting the page number in the left column.
- The information in [ ] are guidelines to assist in the development of your medication training program.
- To submit for review and approval all requirements must be addressed with the corresponding page numbers listed in the left column of the checklist. The completed checklist must be submitted with your Medication Training.

PAGE NUMBER	REQUIREMENTS	MET	NOT MET	COMMENTS
<b>MEDICATION ADMINISTRATION TRAINING PROGRAM</b>				
<b>Sections 73874.1 (d)(1) (A-K) and 73877:</b> The facility has a medication training program which will be taught by an RN and/or consulting pharmacist which includes:				
	<p><b>Section 73874.1(d)(1)(A): Use, action, side effects of drugs used in facility.</b> <i>[INCLUDE AT LEAST 5 DRUG CLASSIFICATIONS SUCH AS ANTICONVULSANTS, ANTIBIOTICS, ANTIANXIETY, ANTIPSYCHOTICS, ANALGESICS. Under each classification list 3-4 commonly used drugs in your facility. For each drug in a classification, individually list the drug's use, action, and side effects].</i></p>			
	<p><b>Section 73874.1(d)(1)(B): General practices and procedures for administering medications.</b> Provide step-by-step procedures for administration of <b>oral, rectal, eye, ear, nose and topical medications.</b> Follow the suggested example below:</p> <p><u>IV. POLICIES AND PROCEDURES:</u></p> <p>a. Check orders.</p> <p>b. Wash your hands.</p>			

PAGE NUMBER	REQUIREMENTS	MET	NOT MET	COMMENTS
	c. Gather equipment. d. Explain procedure to client. e. Provide for privacy, if applicable. f. .... <i>Reference: Section 73877 and 73896</i>			
	<b>Section 73874.1(d)(1)(C) Prescriber’s verbal orders.</b> <i>Refer to section 73898(d)(1-3) [STATE THE CONDITIONS UNDER WHICH STAFF CAN ACCEPT VERBAL ORDERS FROM PHYSICIANS.]</i>			
	<b>Section 73874.1(d)(1)(D) Establish protocol and time-lines for: Automatic stop orders.</b> <i>Reference: Section 73899</i>			
	<b>Section 73874.1(d)(1)(E) Establish protocol and time-lines for: Medication storage, and labeling.</b> <i>Reference: Section 73902 and Section 73903, 73904</i>			
	<b>Section 73874.1(d)(1)(F) Establish protocol and time-lines for: Disposing of unused, and outdated medications.</b> <i>Reference: Section 73905</i>			
	<b>Section 73874.1(d)(1)(G) Establish protocol and time-lines for: Requirements for documentation of the administration of medications and treatments.</b> <i>Reference: Section 73874, Section 73878, Section 73901</i>			
	<b>Section 73874.1(d)(1)(H) Requirements for documentation and physician notification of medication errors.</b> <i>Reference: Section 73877 (h) and Federal Tag W374</i>			
	<b>Section 73874.1(d)(1)(I) Metric and apothecary dosages.</b> <i>[PROVIDE BASIC CONVERSIONS FROM A RELIABLE SOURCE (I.E.: NURSING TEXTBOOK, DRUG HANDBOOK)</i>			
	<b>Section 73874.1(d)(1)(J) Common abbreviations used in medication administration.</b> <i>[IF ABBREVIATIONS ARE USED IN THE TEXT OF THE TRAINING PLAN, THESE ABBREVIATIONS SHOULD BE INCLUDED IN THIS SECTION.]</i>			

PAGE NUMBER	REQUIREMENTS	MET	NOT MET	COMMENTS
	<p><b>Section 73874.1(d)(1)(K) Locating, and using reference materials.</b>  <i>[REFERENCE 2 OR 3 CURRENT BOOKS AND THEIR LOCATION IN THE FACILITY.]</i></p>			
	<p>Section 73874(d) State the number of hours the medication training program requires.</p>			
	<p><b>Section 73874.1(d)(3) Indicate how the facility RN will certify the staff person's proficiency in administering and recording the drugs given and where documentation of proficiency is recorded.</b></p>			

# MEDICATION TRAINING PROGRAM PLAN (Continued)

[THE FOLLOWING ADDITIONAL INFORMATION IS PROVIDED TO ASSIST IN THE DEVELOPMENT YOUR MEDICATION TRAINING PROGRAM PLAN]

## I. FIVE RIGHTS OF MEDICATION ADMINISTRATION:

Practice the rules for giving medications safely:

1. Are you giving the medication to the **right person**?
2. Are you giving the **right medication**?  
- Compare the pharmacy label, the order and the medication sheet. If there is a discrepancy, **DO NOT GIVE THE MEDICATION. CONTACT THE RN.**
3. Are you giving the **right dosage**?
4. Are you giving it at the **right time**?
5. Are you giving by the **right route**?

## II. PERFORM THREE CHECKS

Prior to giving the client his/her medication:

Check the label **THREE** times:

1. When removed from the cabinet.
2. Before opening.
3. As you put it away.

## III. CONTROLLED DRUGS: (*refer to Section 73904 and W385*)

Provide training in the definition of controlled drugs including the following:

1. The schedules of medications and the reasons they are tightly controlled.
2. Methods of storage.
3. Methods of securing the medications.
4. Documentation specific to controlled drugs.

**Section 73874.1(d)(1)(A): Use, action, and side effects of drugs used in facility.**

*INCLUDE AT LEAST 5 DRUG CLASSIFICATIONS SUCH AS, ANTIBIOTICS, ANTIANXIETY, ANTICONVULSANTS, ANTIPSYCHOTICS, AND ANALGESICS. Under each classification list 3-4 commonly used drugs in your facility. For each drug in a classification, individually list the drug's use, action, and side effects.*

DRUG CLASSIFICATION	USE	ACTION	SIDE EFFECTS
<p><b><u>ANTIBIOTICS</u></b></p> <p>DRUG: Penicillin V</p>	<p>Used to treat mild to moderately severe bacterial infections such as pneumonia, scarlet fever, and infections of the ear, throat and skin.</p> <p>Prophylaxis against bacterial endocarditis (for individuals with valvular heart disease) when dental or upper respiratory procedures are performed.</p>	<p>Bactericidal: inhibits cell wall synthesis of sensitive organisms, causing cell death.</p>	<p>Lethargy, sore mouth, glossitis, furry tongue, nausea, vomiting, diarrhea, abdominal pain, gastritis, bloody diarrhea, nephritis, vaginal infection, anemia, rash, fever, wheezing, severe skin rash, anaphylaxis, and super-infections.</p> <p>Contraindications: Allergies to penicillins, cephalosporins or other allergens.</p>
<p>DRUG:</p>			
<p>DRUG:</p>			
<p>DRUG:</p>			

DRUG CLASSIFICATION	USE	ACTION	SIDE EFFECTS
<p><b><u>ANTI-ANXIETY</u></b> <b><u>ANTI-EPILEPTIC</u></b></p> <p>DRUG: Diazepam</p>	<p>Used to treat anxiety disorders or short term relief of symptoms of anxiety, insomnia, symptoms of acute alcohol or opiate withdrawal, muscle spasms, seizures, irritable bowel syndrome and panic attacks.</p> <p>Antiepileptic: Treatment of status epilepticus and adjunctive treatment of other forms of epilepsy.</p>	<p>Exact mechanism not clearly understood, acts on areas of the limbic system and the reticular formation; may act in spinal cord and at supra-spinal sites to produce relaxation; potentiates the effects of GABA, an inhibitory neurotransmitter.</p>	<p>Transient mild drowsiness, sedation, depression, lethargy, apathy, bradycardia, tachycardia, addiction, urticaria, skin rash, dermatitis, constipation, diarrhea, dry mouth, nausea, vomiting, difficulty in swallowing and anorexia.</p>
DRUG:			
DRUG:			
DRUG:			